



## **Four Seasons**

571 South Allen Road  
Flat Rock, NC 28731

Four Seasons is a non-profit agency that is one of the most respected end-of-life care specialists in the country. We were a recipient of the Circle of Life award in 2009, the most prestigious national award presented for hospice and palliative care.

**Population served:** Hospice patients with a variety of terminal illnesses including cancer, COPD, heart disease, and dementias, as well as bereaved adults and children.

**Internship experience:** Four Seasons is a non-profit organization, deeply committed to serving the community through fulfilling its mission of affirming life and providing holistic care in harmony with the goals of individuals with chronic, serious or life-limiting conditions while offering support to their families and loved ones. As of present we have been serving the community of Henderson County NC for over 25 years. Hospice services are offered to a daily census of over 230 patients in many settings: patient homes, nursing facilities, assisted living facilities, hospitals, and the Elizabeth House nineteen-bed inpatient facility. Four Seasons also provides community bereavement services and Heart Songs bereavement program for grieving children. The Music Therapy program offers individual sessions to hospice patients in all settings, adult and child bereavement clients upon referral, and group music therapy for Heart Songs program. Music Therapists complete assessments and treatment plans, progress documentation, and play an important role on the interdisciplinary team. The music therapists also participate in memorial services, fund raising, grant proposals, and community education.

In this 40 hour per week internship, interns will participate in all aspects of the music therapy department, and will be expected to travel between settings daily.

**Entry Level Requirements:** Interns are required to possess proficient musical skills and musicality as evidenced by: (1) singing with adequate/appropriate volume, on pitch, and with a pleasing quality (2) accompanying self on the guitar or keyboard using several keys, with appropriate rhythm and dynamics, and (3) improvising on guitar, keyboard, and/or principle instrument. A video recording in which the intern sings and accompanies self on two hospice appropriate songs, plays one instrumental piece, and discusses his or her vision of music therapy in hospice work will be required for application. (Video recordings may not include client information or images.)

In addition, interns will be expected to have basic therapeutic skills as required by AMTA. Interns should display maturity, openness, and a basic comfort with persons with terminal illness, as well as with those who are experiencing strong emotions. Students must have a desire to develop skills in building professional relationships and positive boundaries with both staff members and patients. Interns must supply their own accompaniment instrument.

**Professional Staff:** Students will be working with music therapists, social workers, chaplains, bereavement counselors, nurses and nursing assistants, and physicians within Four Seasons and facilities served by Four Seasons.



Compassion for Life

**Student training programs:** Four Seasons trains medical residents, SW interns, and nursing students.

**On-site Educational Programs:** Four Seasons provides comprehensive General Orientation, Clinical Orientation, and clinical preceptors for new employees. Annual training updates include Compliance, HIPAA, OSHA, & Safety trainings. Continuing education is available on-site with audio-conferences from regional & national presenters, in-services & seminars taught by qualified staff and a wide variety of audio-visual and printed materials. Staff members often attend and present at off-site regional and national conferences. Four Seasons encourages and supports professional advancement in formal educational coursework, certification in Hospice & Palliative Nursing, Licensed Clinical Social Work, and other appropriate certifications & licensures.

**Stipend:** \$2,000

**Mileage reimbursement:** Students will be reimbursed for mileage accrued for work related travel

**Liability Insurance:** Students will need to provide proof of liability insurance

**Transportation for patient visits:** Students must provide their own vehicles and proof of auto insurance.

**Housing and meals:** Students will be responsible for their own housing and meals

**Internship Supervisor:**

Brenda Williams, MA, MT-BC

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